

First Give

Everything you need to know about Shooting Star Children's Hospices for your First Give project

Who we are

Shooting Star Children's Hospices is a leading children's hospice charity caring for babies, children and young people with life-limiting conditions, and their families.

Whether lives are measured in days, weeks, months or years, we are here to make every moment count. We support families from diagnosis to end of life and throughout bereavement with a range of nursing, practical, emotional and medical care.

Our background Shooting Star Children's Hospices began as two children's charities; CHASE and Shooting Star. In April 2011 Shooting Star and CHASE merged and became Shooting Star Chase. The merge meant that we were able to offer more care to more families. Find out more at shootingstar.org.uk/about-us/our-story.

Where we're based

Shooting Star Children's Hospices provides vital support to over 700 families in Surrey and London. We have over 750 volunteers and 13 charity shops. Members of the general public can donate items to sell in these shops which help us raise hundreds of thousands of pounds each year.

What we do

Our bespoke support is free of charge to families and available 365 days a year. Our care service includes short breaks at our two hospices (Shooting Star House and Christopher's) Hospice at Home, day care, symptom management, end-of-life care, bereavement care and a comprehensive range of therapies and support groups for the whole family. Find out more at shootingstar.org.uk/for-families/how-we-help.

The money

It costs £10 million a year to maintain our current level of care. Around 10% of our income comes from government funding so we rely on our supporters' generosity to

keep our service running. What's more, we know there are many more families desperate for our vital support, so it's crucial we raise more funds to provide more care.

What it could pay for

£5 could pay for the plaster for hand & foot castings, to create special memories and mementoes that will be treasured forever.

£20 could pay for a Music & Movement group, giving children the opportunity to explore feelings through music and to maximise their potential through movement and sensory integration work.

£50 could pay for new sensory toys to use with children who have sensory impairments including visual, tactile and hearing.

£200 could pay for a Pamper Day for supported Mums, offering complimentary therapies, therapeutic activities and a safe environment to share experiences and have some time to themselves.

£250 could pay for a Teenage Youth Group day for life limited teenagers to get together and undertake everyday activities that all teenagers can, in a safe environment.

£500 could pay for a sensory day for children with very complex needs. Both the family and the child can experience a range of themed sensory activities.

£1,000 could pay for replacement and new toys for our hospices, for the use of all children & teenagers to strive towards the provision and inclusion of all in everyday peer activities.

£1,500 could pay for a Youth Group Holiday allowing life limited young people experience a 2 night break without their parents, an opportunity highly valued by this age group.

Did you know?

76p of every £1 goes directly to providing vital care for the families we support.

Need further info?

Contact Georgina on 01932 823121 or email georgina.brookes@shootingstar.org.uk.

Don't forget to follow us on Instagram, Twitter and Facebook [@sschospices](#)